

- Oct. 7th, Mini Circuit show at F&M Arena, 6pm
- Used tack sale at Oct. 7th Mini Circuit Show

AHA President's Bulletin

AHA Breeders Sweepstakes Program

The new Arabian Breeders Sweepstakes program is maintaining constant momentum with new people signing up every day for the Points Program. As information is disseminated and word of mouth continues, I believe our membership will continue to see the value in the Points Program. Remember, this is a program that you must enroll your Sweepstakes horse in for \$100 per year. For that entry fee, you can collect dollars for points not only at regionals and nationals, but also at AHA recognized shows and events (excluding ACS shows). At this point, the new Sweepstakes program has grown faster than we had anticipated. In fact, our gross revenue income in Sweepstakes is the highest it has been in over seven years. We estimated the projected payout to be approximately \$10 per point and remain hopeful that it will exceed these forecasts. Don't miss out! I think this is a great incentive to enroll your horse. I encourage you to sign up by going to our AHA website and clicking on the Points Program on the home page. For more information on this, contact Cheryl Holloway at 303-696-4500 or Cheryl.Holloway@ArabianHorses.org.

US Nationals Report

This will be a "special" Nationals this October as it marks the last time we hold this national event in Louisville, Kentucky. We plan a grand time built around the theme: "Louisville - One Last Time." We're anticipating a large turnout of horses, exhibitors, and spectators who will want to visit the famous Freedom Hall one more time. We are anticipating sold out evenings especially on the final Friday and Saturday nights of the show, so I urge you to purchase tickets in advance. The final Friday night will be very special as the "Arabian Nights Dinner Theatre Road Show" from Florida will be the featured entertainment with an appearance of Walter Farley's Black Stallion. This special evening is part of the Black Stallion Literacy Project, and AHA is a sponsor of that project. We're expecting a large turnout from the Louisville community. Also presented daily October 18-21 is the Past Champions Live Collection, comprised of six legendary horses that made their mark in Louisville: Countess Vanessa, Good Thunder, Monogram, NDL Pericles, Rohara Moon Storm, and Scarlet Lace. On Saturday night, we'll bring our Freedom Hall performances to an end with a dramatic "Past Champions Formal Tribute". I am really looking forward to this event as this show will truly be a U.S. Nationals to remember!

National Competitive & Endurance Rides Set for Fall

Many riders are readying their horses for the national championship distance rides coming up. The National Arabian & Half-Arabian/Anglo Arabian Championship Endurance Ride will be held September 23 in Brothers, Oregon. Following this ride, we have our National Competitive Trail Ride October 21-22 at Kanapolis State Park in Marquette, Kansas. While we are on the subject of Endurance riding, I want to point out an important recent announcement from the United States Equestrian Federation. The Federation announced the selection of the National Endurance Team for the 2006 FEI World Equestrian Games to be held in Germany later this summer. Twelve rider/horse combinations were named and of that 12, eleven of the horses are purebred Arabians and one is a Half-Arabian, and of the horse backup list of six rider/horse combinations, all are Arabians. These riders and horses will represent our country in the international games. The list was created through an intensive selection process over the past two years. I know we excel in the distance-riding world with our horses, but this honor and distinction speaks volumes for our breed. The best of luck to the riders and horses as they represent the U.S.!

Inside this issue:

- Beat the Heat Show Report 2
- Hot or Cold? 2
- Q&A: Bits 2
- Youth Nationals Report 3
- Show off Your Horse 3
- Healthy Home Made Horse Treats 3
- AHA Dates and Deadlines 4
- Arabian History & Heritage 4

Beat the Heat Show in Flagstaff

Aug. 10-14th



“Avoid
attaching
your reins to
your bit with
snaps”

Beat the Heat Show Report

Cool pines, breezy afternoons and a couple summer storms were not the only things going on in Flagstaff in August. The EVAHA and the Northern Arizona Arabian Horse Association (NAAHA) got together and held the Beat the Heat Horse Show. The show was held at the Fair Grounds on Highway 89A, the scenery was lush and the air smelled of horses and pines.

The Beat the Heat Show is

an annual show always held in Flagstaff to escape the summer heat of the Valley. We had a great turn out with horses from all over Arizona.

The show featured Sport Horse classes, Hunter and Western Classes as well as Reining and Trail. Highlights of the Show included High-Tea and the Sport Horse presentation of ribbons. An Ice Cream Social was also a bit hit for the exhibitors, show staff and

spectators. Saturday's evening featured world-class belly dancers and middle-eastern food. A fun time was had by all.

We would like to thank all who attended the show, exhibitors and volunteers alike. Without you, we would not have had such a successful show.

For information on how you can get involved with the Beat the Heat Show, contact EVAHA.

Hot or Cold?

Your horse is injured, and you're not sure if you should be running for hot water or an ice pack. Which is best, and when do you use it? Here are two rules of thumb that you can follow:

Stop it cold.

Ice helps most during the first 24 to 48 hours following an injury. It decreases blood flow and reduces pain, swelling, and inflam-

mation. Apply ice two to three times a day.

Heat it up.

Heat helps the most 72 hours or more after an injury has occurred. By increasing blood flow, it improves soft tissue flexibility, speeds healing, and reduces pain. Apply heat two to three times per day.

Cold therapy may include a cold pack or an ice-therapy

boot, while heat treatment may use hot-water hosing or a hot pack. Check with your vet for the best option for your horse's injury.

(Tip: keep several bags of frozen peas in the freezer to use as flexible and inexpensive ice packs.)

Article taken from August 2006 Horse & Rider magazine, page 23.

Q & A: Bits

(from Aug. 2006 Horse & Rider Magazine, pg. 27)

Q. Your seasoned horse is mouthy and nervous - he constantly works the bit with his tongue and mouth. Should you use a fixed shank it (the shank doesn't attach to the mouthpiece with a joint) or a bit with a jointed shank?

A. Try a fixed shank. Fixed

shanks quiet the bit's action, which can calm a nervous (or green) horse's mouth. A loose-shanked bit's magnification of any rein movement makes it unforgiving of common rider errors such as uneven rein pressure (which can cause your horse to drift). With fixed shanks, rather

than sending mixed signals (which can make your horse nervous), your cues will be more consistent. Also, avoid attaching your reins to your bit with snaps, which click and bank against the shanks, sending false, annoying signals to your horse. Use screws or latigos instead.

14th Annual Youth Nationals Breaks Records

The Youth National Arabian and Half-Arabian Championship Horse Show (Youth Nationals) held at Expo New Mexico in Albuquerque, N.M., from July 22-29, 2006 featured 3,212 entries and 1,169 horses representing 44 states and provinces, making it the biggest national youth show in its 14 year history.

The largest class was Arabian Hunter Pleasure JTR 14-17 won by WR Sonaskada and Morgan Kelly.

The official charity was the Children's Cancer Fund of New Mexico, which re-

ceived donations during the Cajun Shrimp and Crawfish Boil hosted by Brent and Annette Stevens, owners of Evangeline Downs Racetrack and Casino.

Prizes included saddles, plaques, ribbons and trophies. Additions for 2006 included separate hunter hack classes for Arabians and Half-Arabians and a Half-Arabian show hack division.

The Arabian Horse Youth Association (AHYA), which makes up 10 percent of the AHA membership, has more than 4,000 members in the U.S. and Canada. In addition to the convention and horse

show, the event featured a shopping expo with more than 50 booths offering tack, equestrian gifts, clothing and jewelry.

The fourth annual dog costume contest and a dog race added humor and fun to the week's events.

The Arabian Horsepower program made its third Youth Nationals appearance on Sunday, July 23, from 1 to 4 p.m. after a successful debut in 2004.

More on this year's YN can be found on www.ArabianHorses.org.

Show Off Your Horse to Everyone

By now, most everyone has probably seen EVAHA's new website. It has many new features that hopefully you will take advantage of.

We are offering you a chance to feature your horse on the Home Page of EVAHA's website. How, you may ask? Well, it's really simple. All you have to do is submit a high-quality photo via email to Kristie@kristieandaaron.com. This photo should feature your horse with or without you. This can be a photo from a

horse show, a trail ride or pretty much whatever you like. Just remember, the photo needs to be high-quality.

Our website also features a message board (Forums) where EVAHA members can register and place classified ads, post questions about horses, shows, etc. This is a great way to answer your questions about general horse activities. You can also post ideas for the club and ideas for shows and meeting ideas. The message board is free, you will just have to regis-

ter before being able to post or reply to topics.

Remember, if you want to feature your horse on our website, on the Home Page, just email it to Kristie@kristieandaaron.com. EVAHA does not guarantee to use each and every photo submitted. We will rotate photos on a regular basis, but you will have at least a month of your horse on our Home Page.

Submit your horse's photo to EVAHA and it may be featured on our Home Page!

Healthy Home Made Horse Treats

RECIPE 1

1 carrot
1/2 apple
1 packet instant oatmeal
1/2 cup dry bran
1/4 cup corn oil
1/2 cup water
1/2 cup wheat flour
2 tablespoons molasses
2 tablespoons brown sugar

Instructions:

Pre-heat oven to 350 degrees.

Use a grater to grate both carrot and apple. Stir all ingredients in a bowl until well mixed. Using a spoon, place 1-inch circles on a greased baking sheet. Bake for 20 minutes or until crisp.

RECIPE 2

5 apples
5 carrots
1 cup molasses

1 cup sweet feed
1 cup rolled oats
1/2 tsp salt
2 tbsp sugar
1 tbsp corn oil
vitamin supplement (optional)

Instructions:

Slice the apples into tiny pieces. Use a grater to grate the carrots. Pour all ingredients into a large plastic bag. Shake. Keep refrigerated until served.



PO Box 1656
Gilbert, AZ 85299
E-mail: info@evaha.org
membership@evaha.org
president@evaha.org

Educate, Encourage and Promote

Upcoming 2006 AHA Dates and Deadlines



- September 15** - Nominations for AHA Convention-elected positions deadline (candidates & resume)
September 15 - Club level Volunteer Service Award nominations due from affiliate clubs
September 15 - Early bird registration discount for AHA Convention
September 20-24 - Sport Horse Nationals, Nampa, ID
September 22 - Arabian Horse Youth Judging Contest held at U.S. Nats entry deadline
September 27-October 1 - AHA Annual Trail Ride, Fort Robinson, NE
October 1 - List of mares bred in current year by Nominated Sire due from sire owners
October 1 - Sub-committee request form due to AHA via fax, website or mail from any AHA member wishing to be published in the AHA Handbook and be eligible to serve as a committee chair
September 29 - Resolutions mailed to registered convention attendees
October 15 - Election of Directors for even-numbered regions must be completed
October 15 - National Volunteer Service Award nominations awarded at AHA Convention, due from regions to Executive Committee
October 12-21 - U.S. Nationals, Kentucky Exposition Center, Louisville, KY
October 26 - Extraordinary Resolutions submission deadline for AHA Convention
October 21 - Arabian Horse Youth Judging Contest, U.S. Nationals, Louisville, KY
October 22 - AHYA Board of Directors Meeting, Aurora, CO
October 31 - Regional level Volunteer Service Award winners, presented at AHA Convention, due to AHA
November 15 - Board of Directors meeting, Louisville, KY
November 15-19 - AHA Annual Convention, Marriott Downtown, Louisville, KY
November 17 - Regional subcommittee chairs for natl ballots due from regional directors
November 19 - Application deadline, dates for regional shows
November 30 - Regional Youth Team Tournament points/results close
December 15 - Regional Youth Team Tournament results due to AHA
December 31 - Breeders Sweepstakes: Breeding Entries, Nominated Sires and Mares entry deadline
December 31 - Halter Futurities for new and re-nominated horses entry deadline

Arabian Horse History and Heritage

The origin of the Arabian horse remains a great zoological mystery. Although this unique breed has had a distinctive national identity for centuries, its history nevertheless is full of subtleties, complexities and contradictions. It defies simple interpretation.

When we first encounter the Arabian, or the prototype of what is known today as the Arabian, he is somewhat smaller than his counterpart today. Otherwise he has essentially remained unchanged throughout the centuries.

Authorities are at odds about where the Arabian horse originated. The subject is hazardous, for archaeologists' spades and shifting sands of time are constantly unsettling previously established thinking. There are certain arguments for the ancestral Arabian having been a wild horse in northern Syria, southern Turkey and possibly the piedmont regions to the east as well. The area along the northern edge of the Fertile Crescent comprising part of Iraq and running along the Euphrates and west across Sinai and along the coast to Egypt, offered a mild climate and enough rain to provide an ideal environment for horses. Other historians suggest this unique breed originated in the southwestern part of Arabia,

offering supporting evidence that the three great river beds in this area provided natural wild pastures and were the centers in which Arabian horses appeared as undomesticated creatures to the early inhabitants of southwestern Arabia.

There can be little dispute, however, that the Arabian horse has proved to be, throughout recorded history, an original breed-which remains to this very day.

About 3500 years ago the hot-blooded horse assumed the role of king-maker in the east, including the valley of the Nile and beyond, changing human history and the face of the world. Through him the Egyptians were made aware of the vast world beyond their own borders. The Pharaohs were able to extend the Egyptian empire by harnessing the horse to their chariots and relying on his power and courage. His strength made possible the initial concepts of a cooperative universal society, such as the Roman empire. The Arabian "pony express" shrank space, accelerated communications and linked empires together throughout the eastern world.

This awe-inspiring horse of the east appears

on seal rings, stone pillars and various monuments with regularity after the 16th century B.C. Egyptian hieroglyphics proclaim his value; Old Testament writings are filled with references to his might and strength. Other writings talk of the creation of the Arabian, "thou shalt fly without wings and conquer without swords." King Solomon some 900 years B.C. eulogized the beauty of "a company of horses in Pharaoh's chariots," while in 490 B.C. the famous Greek horseman, Xenophon proclaimed: "A noble animal which exhibits itself in all its beauty is something so lovely and wonderful that it fascinates young and old alike."

This hot blooded horse which had flourished under the Semitic people of the east now reached its zenith of fame as the horse of the "Arabas." The Bedouin horse breeders were fanatic about keeping the blood of their desert steeds absolutely pure, and through linebreeding and inbreeding, celebrated strains evolved which were particularly prized for distinguishing characteristics and qualities. The mare evolved as the Bedouin's most treasured possession. The harsh desert environment ensured that only the strongest and keenest horse survived, and it was responsible for many of the physical characteristics distinguishing the breed to this day.

PART 2 of Several